It’s hard to write about the jungle when you’re wrapped in a fleece blanket trying to stay warm, surrounded by snow-covered pine trees. The hot, steamy jungle is very far away, yet my thoughts are always with Peru, and the thousands of people we serve. Even when I’m not there, my days are filled with Amazon Promise-related work. It’s a full time job, whether I’m in Peru leading a medical team, or here in the United States working on the next medical trip, volunteer recruitment, fundraising, newsletters, donations of medical supplies, or every day issues that come up in the Iquitos office. The Amazon Promise office in Iquitos is open throughout the year carrying on with daily administrative duties; working with our health educators, receiving patients in need of follow-up care; and helping new patients that come to our door desperately in need of medical aid, and accompanying them to the hospitals as their patient advocate. (Read below for incredible patient stories!) We are also constantly busy with our partner NGOs, including those that send medical teams to work out of our Belen Clinic, or engineers installing rainwater catchment systems and low-cost composting toilets in Belen and jungle communities. In February, we will launch our ‘Screen and Treat 500 Women for Cervical Cancer’ program. Cervical cancer is the leading cause of cancer deaths among women in low resource areas, including the Peruvian Amazon. It is also the top cancer diagnosis in Peru. Our campaign will be life-saving for hundreds of women living without access to any type of medical care. With donations from our members, a cryotherapy machine donated by the Rotary Club of Ann Arbor, Michigan, and Colposcopy and Gynocular donations from Amazon Promise members, Jim Leonard, Joyce Mancini, and Robert O’Neil, MD, we will soon have all the equipment to be ready to ‘Screen and Treat’ in February! Fundraising continues, and if you would like to be a part of this program please go to this link.

It’s been an incredibly busy year! Heading into our 22nd year, we’re looking forward to continuing our on-going programs and launching new health initiatives that will improve the lives of thousands in need. As always, it is so reassuring to be backed by such dedicated and hardworking staff in Peru, and volunteers here in the U.S. We have been extremely fortunate to work with so many selfless and caring people. One in particular was our volunteer bookkeeper, Irina Karnaugh (1946-2014). This newsletter is dedicated to her.

Patty
In memory of Irina Karnaugh (1946 - 2014)
by Jackie Carroll

Earlier this year, Amazon Promise lost one of its own, Irina Karnaugh. Working hard behind the scenes to keep Amazon Promise going, year after year, Irina was a true volunteer in every sense of the word. She was dedicated, hardworking, selfless, and resilient.

We lived 3,000 miles apart, and worked together via email from opposite coasts...Klamath Falls, Oregon to Newburyport, MA. Mixed in among the emails about reconciling bank statements and categorizing Peruvian clinic expenses, I came to know all about her life and she became a close friend to me. Over the years I learned how much she loved her family, daughters Nicole and Naomi, her granddaughters, and her cat "Mrs. Holt." And also through emailed photos and videos, she gushed over my daughter Phoebe Li as if she were one of her own.

Irina died this past February after a long, brave fight with cancer. Dedicated, hardworking, and selfless to the very end...to our astonishment she somehow reconciled the bank statement two weeks before she died, never letting on that she was so ill. True to her amazing spirit, she always put others' needs before her own. Rest in peace, Irina. It was an honor to be your friend and you are dearly missed. We dedicate this newsletter in your memory.
"Exito!"

Hannah Lee
Project Lead, EWB - Sonoma Co Pros

That's how Jose Luis Valles of Amazon Promise (AP) says "Success!" and, in the face of mounting challenges, a place to which he navigated our ragtag team of Engineers Without Borders (EWB) from Sonoma County in California. That's right, the Sonoma County Professional EWB Chapter has just completed its first two projects in the Amazon Rainforest of Peru thanks to AP! The projects are rainwater harvesting systems, designed to provide clean drinking water by taking advantage of the most abundant resources in the Amazon Rainforest - rain water and wood!

It all began when AP took us under their wing as our local partner non-governmental organization, and identified the communities of Jaldar and Nuevo Jerusalen as places that would benefit from a clean water system - just the type of project that interests our Chapter most. In March of 2013, Jose Luis and Rosa Enma Aranzabal Durand, also of AP, brought us to the communities on the Yarapa and Tahuayo Rivers where we talked with villagers and signed agreements to design clean water systems for both villages. After nine months of design, investigation, and paperwork, our projects were finally approved by the United States National Chapter of EWB.

We scheduled our construction trip for June 2014, and meanwhile Jose Luis worked with hardware stores across Iquitos to get the best deals on all the materials we needed to build the project, ensuring that it would be ready in Jaldar and Nuevo Jerusalen when the EWB team arrived. Hundreds of feet of piping and gutters, eight 1,100 liter water tanks, and hundreds of surprisingly heavy bolts were all brought out to the jungle. Four stayed in Jaldar, and the other four hiked half an hour thru the jungle to reach Jerusalen. What a feat! He also found us an amazing cook, Nancy, and a wonderful doctor, Dr. Alex Sandoval, to join us on the trip. Also, Rosa found a water hygiene teacher to help us with the education component of the projects. The villagers were also very busy preparing for our arrival by harvesting and milling high quality hardwoods to build a platform on

Copyright © 2015 Amazon Promise.

Men and women from the village of Jaldar work tirelessly, each day, to complete construction!
which the water tanks would be placed. When June arrived, we made our way to the villages and met the 20+ hard workers who would devote long days over the coming weeks to their community. The workers spent long hours digging, drilling, climbing, lifting, hammering, gluing, and sometimes scratching their heads with us, out in the hot, steamy sun. The coming weeks were not without challenges and surprises, but the team impressively met each one head-on and completed both projects on time. Jaldar and Nuevo Jerusalen now have clean drinking water systems, and we look forward to continuing to work with AP to monitor water quality and health in the villages.
Belén, Peru
Jose Luis Valles, AP Project Coordinator

Most homes in Belén will float, or are built on stilts, as the river floods some five to six meters from February thru the end of May. Belén exists at the edge of Iquitos, in the floodplain of the Itaya River. There are 65,000 inhabitants, most of them poor, and many of whom live in extreme poverty, without electricity, and none with clean water or sanitation. In Pueblo Libre, a section of Belén on the waterfront where our Belén Clinic stands, an estimated 14,000 people, 30 percent under the age of 12, live in a busy river port where charcoal, bananas, fish, and other goods are brought in by canoe or local boats, to be distributed and sold throughout the area.

People live in overcrowded conditions (90 percent of homes house two or more families; some homes as many as five). In addition to malaria, dengue fever, water-borne disease, respiratory illnesses, tuberculosis, and HIV, there are problems associated with severe poverty; these include alcoholism, crime, prostitution, unemployment, child abuse and domestic violence.

Since 2001, Amazon Promise has been working in this area. We started out walking hut to hut seeing patients in their homes, and doing ‘canoe calls’. In 2009, AP built the Belén Clinic in one of the most impoverished areas of Pueblo Libre, Sector 10. We hold five to six clinic days per year, with an additional six to seven more days of clinics held by our partner NGO’s. With the proper funding, our goal is to provide (with the help of our partner organizations) two clinic days per month.

Raised platform outhouses are built behind each hut, allowing raw sewage to flow freely throughout the entire area of Belén when it rains. Most of the municipal water piping in the area is broken and people just plug the pipes with pieces of wood. Water contaminated by human waste eventually makes contact with the open pipes, thus contaminating the water they drink.

People have to walk anywhere from 15 to 40 meters to reach their outhouse, and we have been told by some residents of the area that they walk 20 minutes to a relative’s house so they can use a private toilet. Imagine how hard it is at night, or when it is raining, and people have the urgency to use the bathroom!
Toilets for People and Amazon Promise have joined forces to construct indoor composting toilets for five families in Belén. Being project coordinator for Amazon Promise, I was assigned to find the five motivated families who are willing to make a change. It wasn’t difficult, as everyone is in need of a real toilet.

As I walked thru Belén talking to people about the CRAPPER composting toilet, word soon made it to the ears of several officers of the Peruvian Housing Authority who are interested in learning more! Perhaps a partnership could happen in the future! I am proud to be a part of this exciting and life-changing project, and the possibilities for the future of Belén.

**Exito 2! Coming Full Circle**

**Katie MacDonald**

It’s 8:00 am (November 19th) and the strong equatorial sun beats down on Iquitos Peru, where I have finally landed after 22 hours up in the air. I’m thrilled to get to work! I have travelled from Boston to South America to join a team of volunteers from Toilets for People (TfP), a partner of Amazon Promise, dedicated to bringing clean, safe, and affordable sanitation solutions to families in the developing world.

Here we are completing a pilot project focused on installing five composting “CRAPPER” toilets (Compact, Rotating, Aerobic, Pollution Preventing, Excreta Reducer), in the homes of families living in Belén. Along with each CRAPPER, we will also install innovative, yet simple, male and female urinals, as well as a hand-washing station.

About 4’x4’, the CRAPPER is a TfP home-grown solution to the sanitation crisis around the globe and is especially effective in flood-prone communities. The CRAPPER features a conventional toilet seat, rotating compost bin, and robust wooden exterior made from locally sourced wood that lets off a fragrant and nutty smell.

On this first day, we take motorcars (three to a seat) from the Amazon Promise headquarters through the city to the Belen Clinic, our makeshift workshop. As the motorcar scurries away, Eddie Shaw, one of four team members, points out the community’s current waste management solution. Rows of weathered latrines comprised of wood, corroded metal, and plastic parts. I do a double take, as children run by us wearing flimsy flip-flops, or in some cases, no shoes at all. The latrines empty into a shallow, sluggish canal, which flows
freely between houses and even more freely after a strong rain. Water.org reports that the number of children

who die from waterborne illness daily is commiserate to a jumbo jet crashing every hour.

In the clinic, the team is hard at work on a solution to this crisis. Abe Kanal, our trip leader and an energetic and focused medical student, leads the charge on construction. He is diligently building all the components of the CRAPPER, without break, while effortlessly chatting with the families and children who have gathered to assist with carpentry. Jay Thrasher, ex-Peace Corps and recent master’s student in Earth Systems Engineering, controls and commands the assembly process like clock-work - making lists, solving inevitable hiccups, and scouting hard-to-find components we will need to complete the CRAPPERs.

Today, we are all working in concert to construct a full complement of products for our first family, the head of whom is Rosa Pinche, an intelligent and resourceful 18-year old, who regularly walks 20 minutes to her brother-in-law’s house to use the toilet. There are six people living in Rosa’s house. At night, or during the rain, she simply waits until it is safe to make her next trip. Sometimes she reaches her brother-in-law’s house only to find the bathroom is occupied. She saw the CRAPPER as an opportunity to improve both the convenience and safety of her current practice. She is excited to be part of the program, and in preparation to receiving the CRAPPER, she has assembled an outdoor platform, connected to her home, which will become her new bathroom. After a long day of hauling and nailing, we are exhausted and excited for what is to come. As our motocar pulls away from Belén in the lingering heat of evening, I find myself hoping, with the whole team, that this pilot will start giving families like Rosa’s the relief they deserve.
The next day, we are finally ready to install Rosa’s CRAPPER. Working together, we have completed a full bathroom kit (CRAPPER, female and male urinals, and hand-washing station), and now have the task of lifting them and installing them into her second story home. Hours before the installation begins, Jay is on Rosa’s back porch, constructing wooden bathroom walls and a door to house the CRAPPER and preparing the wooden porch. We decide to raise the CRAPPER onto the back porch from the outside, with the help of six people and one rope. Once inside Rosa’s back porch on the second floor, Abe and Jay get to work securing the base of the CRAPPER to the open porch space, under the careful eye of Rosa’s 10-year old nephew. Since each composting toilet system requires consistent input of equal parts of carbon to human waste to remain odorless, we start Rosa off with a mix of wood shavings and saw dust.

My favorite part of this system is the male urinal made out of one water jug and hung easily in a corner for the male members of Rosa’s family. At the same time, I install a hand-washing station just outside the new bathroom. This is one of Jay’s Peace Corps gems. It is rigged from an empty soda bottle, a bar of soap and some string, and the water drains into a five-gallon jug. The water in the jug is then used to “flush” the urinals, preventing malodorous buildup.

By the end of the day we have finished her new bathroom, complete with all four features and the housing around it. The team shares information about how to care for and use the devices with Rosa and then we leave her and her family to begin using the CRAPPER, hopefully immediately! Tomorrow we move on to install a second CRAPPER kit for the next family, and our energy is high! It has been a long and rewarding day, with much work to come this week.

Katie MacDonald is the Director of Cleantech Open Northeast, a non-profit dedicated to supporting entrepreneurs with ideas positioned to solve the world’s most challenging environmental problems.
Student Perspective
Kristine Gauthier, Yale PA Student

When a young mother brought her limp, malnourished son to the Amazon Promise (AP) community clinic in the Iquitos neighborhood of 28 de Julio, it was apparent that her child was severely ill. After interviewing the mother and building a relationship with her, AP administrative coordinator Rosa Aranzabal uncovered the woman’s story: that her live-in boyfriend was physically and emotionally abusive to both her and the child. The boyfriend had demanded that the woman stop feeding her young son, so he had received little nutrition for several weeks. Since the child and mother relied on the man for financial support and housing, she felt as though she had no option other than to obey him. Now, one month after their clinic visit, I still think about that abused woman and her child, and how she believes that her current situation is better than her own brutally abusive childhood. Yet while I find it hard to even look at the boy’s photos, I know that AP is continuing to follow up with the woman and her son, offering medical attention as well as legal and social assistance. (See Rosa’s article below for an update!)

This case was one of many that I worked on during my four-week internship with AP. As a second year Physician Assistant (PA) student in the midst of my clinical medical education, I am rotating through different areas and settings of medicine in order to gain hands-on training as I prepare to become a clinician. As a dual-degree student in Yale’s Master of Public Health Epidemiology of Microbial Diseases program, I had the opportunity to take one of those rotations with AP.

My time with AP has undoubtedly taught me valuable clinical skills, such as improving my medical Spanish, and gaining experience with diseases that I saw for the first time. It has also provided a broader life experience, one that has nurtured my personal growth and allowed me to view medicine through a cultural lens much different from what I had been accustomed. Practicing medicine is not simply about utilizing clinical knowledge to direct patients on what to do next; it also requires clinicians and patients to listen to and trust one another, to collaborate, and find solutions. Part of gaining that trust and effectively treating a patient is to consider their cultural context.

One patient’s cultural setting – living in a community with no local physician — offered a striking example of what can happen when a disease is left untreated. The young girl came to a visiting AP community clinic suffering from a severe and painful eye infection, one that had lasted for a month. She was unable to tolerate sunlight and therefore had spent several weeks confined to the dark in her family’s home. There was no physician in her small community of Amazonas, and she had been unable to travel the several hours
required to find one, so she had been deteriorating at home. After her initial visit to the AP visiting clinic, she was referred to an ophthalmologist in Iquitos and her family was provided with financial assistance for travel and medical expenses. We had the unique opportunity to follow up with the patient one week later, when she stopped by the AP office with her mother. At that time Vanesa’s eye infection had greatly improved – she was able to see clearly and was free of pain.

The impact of different cultural environments on the approach to medical treatment was evident again and again during my rotation with AP. From using tiny tables in crowded schoolhouses that served as our clinics, to performing pelvic exams on the floor of a neighbor’s home, to working at an emergency department during a widespread physicians strike, I learned how to provide care in non-traditional settings. These experiences helped me become a better diagnostician, as I learned to rely on patient history and physical exam skills when imaging and laboratory tests were unavailable. As a result, I am a more well-rounded clinician, and will be able to provide better care under all types of circumstances.

My time with AP taught me a great deal, and it also gave me the opportunity to teach my colleagues about the PA profession. Although PAs and other non-physician clinicians are becoming increasingly common in the U.S. and other countries, they are not currently employed by the Peruvian healthcare system. When people asked about my training, I was able to educate them about PA education, our scope of practice, and our interactions with other providers. I strongly believe that just as PAs are helping to meet the increasing healthcare demand in the United States, there is room for them to do the same in other countries. My passion for expanding the role of PA or PA-equivalent practitioners in the global health setting is one I will pursue throughout my career.

Perhaps the most important lesson taken from my month in Peru is to never lose sight of the simple yet vital concept of maintaining a life balance. Although I experienced long, sometimes overwhelming, clinic days that included hours of travel, I also experienced a sense of completeness during restful moments enjoying an early morning cup of coffee on the dock, lying in a swaying hammock at sunset, and canoeing with my teammates on a day off. Rather than spending my free time worrying about clearing my inbox or running quick errands, I enjoyed conversations with my diverse colleagues, contemplating the path of my future career, and deeply considering what is important in my life. Thanks to my time with AP, I feel both more complete and more open to new life experiences, a personal growth that will serve me well in anything and everything I do.

This woman was brought into clinic suffering from exhaustion, dehydration and vomiting. Village of Libertad, Oct. 2014

A young man, in the village of Hipolito, suffers with intense pain and open sores on his left leg. The family felt he had been hexed and applied shoes polish. He was treated for pain and shingles. Feb. 2014

The Belen Clinic in full swing! July 2014

Ear washes can be painful, yet provide incredible relief! Feb. 2014
Throughout the year we act as patient advocates for many of the people we see in clinic or those that have traveled for days to arrive at our doorstep in Iquitos in need of hospital care. Being turned away at the ER and denied urgent care for lack of a government issued ID, or DNI, is unconscionable. Yet it’s a very concerning and growing issue we constantly face. To get a DNI you must have a birth certificate. In many cases, people who are born in remote jungle villages have never been registered. Frequently, a birth certificate is not even enough, and those seeking treatment are turned away for lack of a witness to vouch for their identity. Thankfully, we work with local doctors, and DEMUNA, the child protection agency in Iquitos, who are willing to take the extra steps to ensure people with urgent medical conditions receive the lifesaving care they need. Amazon Promise Administrative Coordinator in Peru, Rosa Aranzabal, is also there to bring them to the hospital and has become a strong voice on their behalf.

This past February, Amazon Promise began a partnership with Vitamin Angels, a California based non-profit organization (http://www.vitaminangels.org/). During our February trip, 194 children under the age of five were started on a year’s supply of chewable multi-vitamins generously provided by Vitamin Angels. The July team provided the second six-month allocation of vitamins to the children. Overall, more than 62,000 vitamins were given out! Many mothers report their children seem more energetic and are growing better after starting the vitamin program in their children.

Amazon Promise is excited to continue its partnership with Vitamin Angels and plans to distribute not only multi-vitamins but also Vitamin A during our upcoming trip in February 2015. Getting the vitamins to Peru can be quite a challenge. Both our February and July teams played a vital role in taking vitamins along with them to Peru in their bags. We know the mothers really appreciate it! Medical Director Bob Hyzy has already received the allocation of 72,000 multivitamins and Vitamin A to distribute next year. He’ll be calling on our great group of volunteers to help out once again.
Patient Updates
Rosa Aranzabal
Amazon Promise Administrative Coordinator/Patient Advocate

Throughout the year, we provide medical attention to many people who need special follow-up care and other interventions. I would like to tell you about several of the patients with whom we work. These are just a few.

Sandra is a patient we visited in her hut in Belen this past July. We were asked to go to see her by a neighbor. She was very weak, in a lot of pain, emaciated, unable to walk, and lying on the wood floor when we first saw her. She did not have even a mattress on which to rest. Her four children, ages 2 to 9, were also there, with the oldest taking care of the youngest. The kid’s father left them after the mother got sick, so no one was supporting the family. The neighbors were collecting and supporting them with food, but you could tell that everyone was hungry. She had been at the hospital for three weeks, then sent home with a diagnosis of osteoporosis.

With part of the money donated by the July medical team, we were able to donate some food for the kids. I have continued to work with her. The child protection agency, DEMUNA, has taken the kids to a shelter for the time being. She has been diagnosed with rheumatoid arthritis and is now on a special medicine that is improving her health. She can now stand and walk short distances. Sandra has had great improvement, and we continue to provide food and other assistance to her. She has not seen her children and must file special paperwork just to visit them. We will work with her to help get her kids back. When she was well, her job was to sell food in the market, but now she is not able to do that, but can sell fruit from her doorway. We are looking for a special micro loan for her, to get her back on her feet again, and be able to take care of her children.

Nov. 2014 – Sandra, on the road to recovery, with Rosa Aranzabal!
In the village of Isla, a small community across the river from Iquitos, we met a 17-year old mother, Margarita, with an 11-month old baby boy suffering from dehydration and malnutrition. Margarita said her partner (who is not the baby’s father) obligated her to stop breast-feeding him. It is common for new partners to refuse the children of their new spouse. When she refused to follow his orders, he abused her, and the baby.

This young mother was brought from her community (one day in boat) and was living with the partner’s family, where she said she was also being mistreated. She did not have a place to go, so was forced to stay with them. The attending AP physician sent the baby to the Regional hospital as an emergency, where he was given rehydration and sent back home. With collaboration of the AP volunteers, we bought special milk and diapers for the baby, and counseled the mother about returning to her original community. She said she could not do that because her mother had passed away, and her father had remarried, but the new wife was also abusive. We talked with DEMUNA, institution responsible to support kids and teenagers, but they didn’t have a place for her. She needed to make an official complaint against her abusive partner, but since she was living in his family’s house, she would be unable to do so. A few days later, we spoke with the authority of the community to ask for their support. The authority’s wife took her to a family that was looking for a housekeeper, and thankfully she is receiving support for the baby while she works. She has made a formal complaint against her former partner for abuse, but paperwork is very slow, and she is unable to make the many appointments right now. The most important thing is that she is safe and on her own now.

During clinic in the neighborhood of 28 de Julio, outside of Iquitos, we met a young woman named Julia. This is always a very busy day with hundreds of people waiting outside for their turn. Sometimes it gets rowdy because people are anxious to be seen. We try to get to everyone, but some patients require more time. Julia mentioned she was caring for a two-week old baby that was sick, back at her house. We asked her to bring the baby to be seen. We don’t know why she didn’t bring her with her to start with, but we could see she was very stressed. We found out that Julia lives in Lima, and had traveled to Iquitos to help her sister who was having a very difficult pregnancy, and had been hospitalized as high risk. While she was in Iquitos, two days before the baby was born, the father was killed in a work accident. The baby was born, but the mother also passed away right after giving birth. There was no one to care for the baby except her. She was unable to return to Lima to care for her own children because of legal and financial problems. She was stuck, and had no money to purchase expensive formula. Amazon Promise has been providing formula for the baby.

More to come!
Jose Never Tulumba

In February, during a clinic outside the city of Iquitos, we received a call from one of our neighborhood representatives asking if he could bring a patient to us that had just arrived from the Brazilian border. All we knew was the patient, Jose Never Tulumba, 41, had been ill for several months with a sore on his upper left thigh. Once he arrived at our clinic, the reality of Jose’s situation was clear. The ‘sore’ on his leg was a large cancerous lesion. He told us that after many weeks trying to get to Iquitos, he was able to hitch a ride on a speedboat belonging to a local politician who was campaigning near the border. He was left on shore with nowhere to go, but luckily, was able to find a family member, an elderly Aunt, living in Belen who then contacted the neighborhood representative.

Most people in Jose’s state of health are turned away at the hospital and sent home to face their final days alone. There are no cancer programs in Iquitos, and any type of good supportive care is expensive. Jose did not have a government ID so was ineligible for even the most basic government health care available (SIS). He also didn’t have time to wait months for the ID paperwork to arrive, so we took him to a private clinic in town for a biopsy.

Jose was diagnosed with diffuse large B cell lymphoma, and would need long-term chemotherapy to survive. With the right treatment, over 50 percent of people can be cured. In the meantime, he was getting worse. The pain from the biopsy was unbearable; he was malnourished, weak, and sleeping on a sheet on the wooden floor of his Aunt’s house. AP acquired a wooden bed frame and mattress for him. There was no running water or electricity, so keeping his leg clean was an issue, even though he had supplies. It quickly became infected. There were many difficult days for Jose while he waited, hoping for an answer that would keep him alive, waiting for his paperwork. I spent many days and hours at the Ministry of Heath to push paperwork through that would allow Jose to be transferred to the only hospital in Lima for cancer, INEN (Instituto Nacional de Enfermedades Neoplasicas). In 2012, the Peruvian government launched Plan Esperanza, aimed at improving comprehensive treatment for cancer patients and providing guaranteed oncology services, especially for the poor. During this time, Jose suffered severe hemorrhaging from the biopsy site and had to be rushed to the hospital by our office manager, Adriana Calizaya. Adriana is in charge of the AP house, which is a monumental task in itself. This day she found herself literally running down the hospital hallway, pushing a semi-conscious Jose in a wheelchair towards the ER.

Jose arrived at our clinic at a time when our University of Michigan team was in town and had the resources to take a sample of the biopsy back, and carry out important lab testing back home. When it was time for them to return to the U.S., one of our partner organizaitona, Selva En Accion/PAMS (Peruvian American Medical Society) arrived into Iquitos and immediately became involved in Jose’s desperate plight for survival. Thru the
SIA/PAMS contacts in Iquitos and Lima, a flight for Jose (and Rosa) was scheduled, at no cost, thanks to the Regional Government Social Development Office. We also received notice of acceptance into the cancer treatment program in Lima!

We had worked so hard to get this far, and I knew I had to go to Lima and advocate for him. Jose did not have anyone to help him and the system is very slow. No one will listen to you if you don’t know your rights. It was a new and hard experience for me to be all day at the hospital in Lima trying to get him admitted. We were both treated badly by some of the workers sometimes, or were kept waiting outside for hours to get any answer. Jose had to stay at the emergency room for five days, just waiting for a room at the hospital. After a week, I was told that he could not stay at the hospital and I needed to find a place for him. I went to different places that support people who come from different cities outside of Lima, but all of the beds were full.

Besides that, he would need someone to stay with him during the difficult times ahead once he started chemotherapy. It was a difficult situation.

I found out that he had family in Lima who he had never met. They are very poor and live about three and a half hours from the hospital, up on a mountain, in a place without access to many services, but they agreed to let him stay there. Since the end of March, Jose has been living with them in Lima. He must travel a few times a week, (three and a half hours each way) to the hospital to receive treatments. His tumor is smaller now, but he is weak and often does not eat nor have the energy to travel to the hospital for his appointments. Jose wants to live and needs our support. AP continues to provide logistical support to him to ensure he receives care. I will be in Lima soon to see him and try to find a place for him to stay that is closer to the hospital. Thanks to the support of Amazon Promise and PAMS, he is receiving treatment and has found family.
Volunteers Wanted for June 6-20, 2015 Remote Trip!

Whether you are a medical professional, student, or simply looking for a giving and rewarding experience of a lifetime, we have a job for you! The remote May medical team travels to native Achuar, Quechua or Awajun communities. Because these areas are in more remote territories of the Amazon, teams are limited to eight volunteers. All volunteers must be in good physical condition, have camped in rough terrain, and be very low maintenance! Contact Jackie: Jackie@amazonpromise.org

Tents are required for a remote trip. If you forget yours.......lo siento!
AP Medical Director, Robert Hyzy, MD, receives the Public Service Award from the American Thoracic Society

Amazon Promise is proud of and congratulates our Medical Director, Robert Hyzy MD, of the University of Michigan, who received the Public Service Award from the American Thoracic Society at their international conference which was held in San Diego in May of this year. The meeting was attended by more than 15,000 Pulmonary and Critical Care Physicians from around the world. New this year, the Public Service Award has an added focus on health care inequality and recognizes those individuals whose efforts have the potential to eliminate gender, racial, ethnic, or economic health disparities worldwide. Dr. Hyzy has made nine medical trips to Peru since 2007!

¡Soy Capaz! 2014

CURRENT ACTIVITIES OF SOY CAPAZ (items in blue are planned)

¡Soy Capaz!, an educational program of Amazon Promise, has had another successful year packed with workshops, trainings, and counseling on HIV-prevention, women's empowerment, domestic issues, general hygiene, and other health related topics. These took place in the jungle city of Iquitos and in river communities.
This year, we have also extended our hand to other nonprofit educational organizations—both Peruvian and international—that work in the same area. Last but not least, we have helped fund a new Iquitos house for children and mothers living with HIV, and funded HIV-patient care.

As the AP Director of Educational Programs, I traveled to Iquitos outside the regular expedition schedule to ensure that each expedition had a well-organized plan, and that a professional educator was scheduled for each trip. After researching and personally visiting Peruvian and Iquitos-based nonprofit organizations, such as Minga Peru and Kallpa, our team of educators has grown. In February, our educational activities were led by Alana Valles, in July by Elizabeth Lozano, and the October expedition was covered by Claudia Chu.

New people mean new ideas and strategies that we have explored together. Elizabeth worked with youth through interactive workshops on HIV-prevention that included sets of new materials—the teenagers just loved her! Plus, she did marvelously helping mothers with nutrition plans for their children and babies. Meanwhile, Alana did a great job at our counseling desk, advising women on family planning and domestic violence laws by also using our new huge gigantografia graphs; Claudia included HIV-prevention and condom-distribution in her talks on sexually transmitted infections (STI).

Introducing new and old friends:

Elizabeth Lozano, an accomplished and long-time educator is one of the Peruvian promoters who joined our team in July. After we made a series of initial contacts with Kallpa, where Elizabeth regularly works, we were invited to participate at their March workshop. That is where we met Elizabeth for the first time, witnessing her impressive, communicative teaching methods as she led a workshop on the principles of healthy diet. We engaged her immediately and she proved to be equally skilled at HIV-prevention, domestic-violence intervention, and women’s empowerment.

Besides Kallpa, we would like to mention another Iquitos-based organization, Lazos De Vida, a civil association of promoters living with HIV that also runs a house for children and orphans. We have been closely working with the association for over nine years. Their members have led our HIV-prevention workshops and counseling sessions at our Iquitos clinic. The director of the association, Silvia Barbaran, has been a great advisor and help to our program, available to us 24/7.

The core team of Lazos has also been indispensable in terms of counseling newly identified HIV-patients and their placement within the National TARGA system of antiretroviral treatment. Getting a patient into treatment can be a daunting job, because one needs to know how to navigate the intricacies of the national health bureaucracy.
The Lazos de Vida crew is also essential when there are strikes in hospitals that make it impossible to get the very sick HIV patients admitted, even when they suffer from TB, toxoplasmosis, and serious fungal infections. This was actually our latest case, when a young man of 29 came to AP office in July. He finally made it to a hospital bed, but had to be monitored by Lazos staff to ensure prompt care. ¡Soy Capaz! provided assistance with treatment, lab costs, and personal hygiene supplies during the three months he was hospitalized.

In return for their work with us, ¡Soy Capaz! contributes to Lazos’ HIV-prevention seminars. We also contribute regularly to child support, while AP holds free clinics at the Lazos de Vida house—a place that provides long-term housing and care for children living with HIV. In 2014, the orphanage moved to a newly constructed building, to which ¡Soy Capaz! made contributions to in March, in addition to donating fifteen fluffy toy bunnies purchased by one of our sponsors for the children (the time of the donation coincided with Easter).

We would like to thank all of our sponsors for their continuous support of our HIV-prevention and educational activities in the Peruvian Amazon. This has been a great year, and it happened because of you!

Elena Deem, Ph.D
Director of Educational Programs
Great News!
Amazon Promise is thankful to the Academy of Dentistry International Foundation (ADIF) for their recent grant of $2,500, which will go towards maintenance of our dental equipment and replenish needed supplies. This grant will help us continue to provide the best dental care and oral health education possible throughout the coming year. We’re excited to have the ADIF involved in our dental care program, and give special thanks to Dr. Bob Fulton, AP Oral Health Director, for spearheading this program!

We’re not in Michigan anymore Toto: Life changing experiences in the Peruvian Amazon
Jeanette Brown, M.D., Ph.D.
University of Michigan

I have always wanted to go on a medical mission. Even before I started medical school, I knew that it was important for me to be able to help others and not be limited to just the area in which I live. I lived in three different countries growing up, including a rural area in Japan, and I’ve always enjoyed meeting people with a completely different perspective on life. Dr. Robert Hyzy is one of the faculty and the ICU director at the University of Michigan, where I am in the last year of my fellowship in Pulmonary and Critical Care. He spoke very highly of his many experiences with Amazon Promise, and the more I found out about the experience, the more I wanted to participate. Dr Kristine Kaiser and I have trained together during residency and have become very close friends. We agreed that this was something we both wanted to do.

Our first day of clinic, I was struck by the fact that we were using the school building for our clinic. Most of the school buildings were very basic and have corrugated metal roofs covering one large room with nothing covering the windows. There were long benches and tables that we used to care for an entire family at once in clinic. I could just imagine the children from this village all lined up on these benches attending school together with limited resources. Periodically someone’s dog or chicken would just wander through the room. Definitely...
not what I am used to in my weekly clinic or in any of the schools were I’ve attended. In clinic we would see an entire family at once, starting with the infants all the way to the elderly. The other providers were at tables next to me with their own families to see. This was very different because HIPPA, the privacy laws in the U.S., prevent us from discussing personal medical information near other patients. Also as an adult physician, I don’t treat patients under the age of 18 years old, although as part of our medical school training we have training in pediatrics.

In the Amazon Promise clinics, my pediatric skills were put to good use. There were many ears to be looked in and throats to be examined. The usual squirmly little ones who don’t want to have their temperature taken. There were cases of chicken pox and other upper respiratory infections that are easily passed around in communities, and especially in children. Cases of fungal and bacterial skin infections were common. I was always very impressed how many of the children were very polite to their parents and how other parents would watch out for these little ones too. It was really in stark contrast to how many children in the U.S. are glued to an electronic device now and have less human interaction.

In my usual clinical practice, I rarely have to think about whether a patient may have intestinal parasites. In these clinics, many of the adults and children have them and a majority of the prescriptions I ordered were for anti-parasite medications. On our way to clinic, walking in rubber knee-high boots through mixed mud and sewage, it was clear that cross contamination is a common cause of diarrhea and parasites. It was sad to see so much preventable illness, and I was thrilled to know that Amazon Promise was working to help these communities put in toilets.

The translators that worked with our group were amazing people. Understanding the cultural context of a patient’s chief complaint is critical. Translating from Spanish to English would tell you that the patient thinks his kidneys hurt. Further discussion with the experienced translator and physical exam would reveal musculoskeletal back pain was truly the problem. At home in the U.S., we have easy access to many medications over the counter such as Tylenol (acetaminophen) or Advil (ibuprofen) for aches or pains. Many of the people have very physical work and suffer from aches and pains with little to no access to these medications. We were able to provide a limited supply to patients through our pharmacy. I was grateful for the efforts of Patty and Ricky to decipher my terrible doctor handwriting in the pharmacy. Our lab technicians and our Peruvian physicians were very helpful with diagnosing and treating unusual conditions. The portable ultrasound proved very useful with evaluating a young seven year-old girl with a heart murmur. Dr. Kaiser was able to determine that her mitral valve had been damaged, likely due to a previous untreated Strep throat infection. She is doing well now but will need to have follow-up care in the future.

The trip also included some down time outside of clinic that I will never forget. We were able to pet and feed manatees, interact with mischievous monkeys, and see beautiful butterflies, pink and grey dolphins, and many amazing birds. Our Amazon Promise guides Jose Luis and Segundo were so helpful with taking care of patients and with helping us experience the amazing beauty of the Peruvian Amazon. I highly recommend this experience to my fellow medical providers.
Masters student Jessica Jefferson with her poster based on her field work in collaboration with Amazon Promise. Jessica's poster won second place at the 2014 Masters of Sustainable Development Practice Poster Session at the University of Florida.

To see more photos of our jungle clinics, please click on these links!

February 2014  [link]
July 2014  [link]
October 2014  [link]
A Non-Medical Perspective
Katherine Leonard

There were no expectations as I went into my Amazon Promise trip as a non-medical volunteer. A recent graduate in Journalism and Child Development, I attended the expedition from a journalists point-of-view, but whole-heartedly participated in the team’s clinical tasks. My father, Jim Leonard, has volunteered with Amazon Promise many times, and took me along so I could gain some worldly perspectives of the diverse cultures I want to write about someday, as I pursue a writing career at National Geographic. I prepared for the worst of the jungle environment, and hoped for the best.

On the first day of clinical work in Belen, I started to document our work through photography and observation, and then was assigned to the wound care table. I speak a fair amount of Spanish, but wrote down a couple specific phrases I’d be using more often. In distributing reading glasses, “Puedes leer para mi por favor?”- there were a lot of people who wanted glasses.

Everything went smoothly on the first day. I handed out a lot of scabies treatments, and most commonly gave out anti-fungal ointment. It wasn’t until the second clinic day that I experienced a change in my duties at wound care. A child was brought in with severe bacterial dermatitis on his entire scalp. The doctor requested that he get his hair shampooed and then treated with a specific cream. It was my job to do this. A translator and I escorted the child and his mother outside where everyone crowded around to watch. I put my gloves on and examined his head. Thick, yellow crusts engulfed his scalp and stuck to his hair like slabs of glue. As soon as I touched his head he started screaming. I tried to be gentle, to calm him and say it was okay, but I realized that the faster it gets done, the better. The crowd watching us added to the intensity, and as the sun beat down on my body I stood hunched over, drenched in sweat, listening to his pleas for me to stop. When the shampooing was done, the cream calmed him a little as I tried to massage it into his sores. The twenty minutes or so felt like an hour! I felt relieved when it was all over, but also that he had some relief from the wash and ointment, and the comfort of a new colorful toothbrush.

I saw that even simple infections can grow to seriously dangerous predicaments, where a small amount of antibiotic cream would have stopped it in its tracks. The young boy with dermatitis had changed me, in a way. Throughout the trip, I carefully observed the dedication and genuine care shown by every medical student and professional, and felt my own contribution had made a difference in someone’s life. I left feeling a strong sense of community and a universal love and connection for all humanity.
Eleven years ago, as a first-year medical student, I worked with Patty Webster and the Amazon Promise team. It remains, to this day, one of the most incredibly mind-opening experiences I have had. The volunteers, village leaders, and above all, the families we worked with, demonstrated immeasurable lessons in resilience, leadership, community collaboration, and perseverance for change -- all of which cannot be learned from within classroom or clinic walls. I look forward to the next opportunity to work with the Amazon Promise team, and strongly urge anyone interested in health care, or any invaluable experience, to volunteer their time or donate to this important cause.

Eleanor Chung, MD  (Albert Einstein College of Medicine)
Amazon Promise Peru Team!

Robert is in charge of the cargo boat

AP House Manager, Adriana Calizaya with our ‘BEWARE’ security team, Taz and Bunny

Segundo and Nancy Coloma are a great team! What would we do without our incredible chef and Logistics Manager?

Promoter of Health, Juan Yuyarima, also gets us around on the river!

Daniel Sanchez runs the lab in clinic

Teofilo and Juana are the caretakers of the Belen Clinic

The AP Staff at the Belen Clinic!

Rosa Aranzabal relaxing in the a.m. before clinic

Neil Chavez giving a dental hygiene talk

Alter and Ricky with their Mother (and AP chef) Nancy Coloma
<table>
<thead>
<tr>
<th>Date</th>
<th>Pueblo/Village</th>
<th>River</th>
<th>Patients Seen</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>February</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10.02.14</td>
<td>Sector 10 Belen</td>
<td>Itaya</td>
<td>156</td>
</tr>
<tr>
<td>12.02.14</td>
<td>28 de Julio</td>
<td>Amazonas</td>
<td>196</td>
</tr>
<tr>
<td>13.02.14</td>
<td>Nuevo Progreso</td>
<td>Amazonas</td>
<td>167</td>
</tr>
<tr>
<td>17.02.14</td>
<td>San Francisco</td>
<td>Maranon</td>
<td>106</td>
</tr>
<tr>
<td>18.02.14</td>
<td>Hipolito</td>
<td>Ucayali</td>
<td>181</td>
</tr>
<tr>
<td>19.02.14</td>
<td>Jaldar</td>
<td>Yarapa</td>
<td>46</td>
</tr>
<tr>
<td>19.02.14</td>
<td>Jerusalen</td>
<td>Tahuayo</td>
<td>37</td>
</tr>
<tr>
<td>21.02.14</td>
<td>Puerto Miguel</td>
<td>Yarapa</td>
<td>86</td>
</tr>
<tr>
<td>22.02.14</td>
<td>San Jose</td>
<td>Ucayali</td>
<td>44</td>
</tr>
<tr>
<td>23.02.14</td>
<td>Nuevo Loreto</td>
<td>Yarapa</td>
<td>59</td>
</tr>
<tr>
<td>25.02.14</td>
<td>Libertad</td>
<td>Ucayali</td>
<td>58</td>
</tr>
<tr>
<td>26.02.14</td>
<td>Vista Alegre</td>
<td>Ucayali</td>
<td>68</td>
</tr>
</tbody>
</table>

**Total** 1204

| **18 April y 15-16 June** |                        |             |               |
| 18.04.14   | Belen Sector 10        | Itaya       | 157           |
| 15.06.14   | Belen Sector 10        | Itaya       | 106           |
| 16.06.14   | Victims of Belen Fire  |             | 228           |

**Total** 491

| **July** |                        |             |               |
| 15.07.14  | San Francisco          | Maranon     | 166           |
| 16.07.14  | Castilla               | Ucayali     | 86            |
| 17.07.14  | Jaldar                 | Yarapa      | 75            |
| 17.07.14  | New Jeruselen          | Tahuayo     | 40            |
| 19.07.14  | Puerto Miguel          | Yarapa      | 86            |
| 20.07.14  | Amazonas               | Maranon     | 186           |
| 21.07.14  | Vista Alegre           | Ucayali     | 80            |
| 23.07.14  | Libertad               | Ucayali     | 56            |
| 26.07.14  | Sector 10 Belen        | Itaya       | 102           |
| 29.07.14  | 28 de Julio            | Amazonas    | 131           |
| 31.07.14  | Nuevo Porvenir Belen   | Itaya       | 178           |
| 04.08.14  | Lazos de Vida Iquitos  | Amazonas    | 17            |

**Total** 1203

| **8 August and 8 September** |                        |             |               |
| 08.08.14  | Sector 10 Belen        | Itaya       | 156           |
| 08.09.14  | Punchana               | Nanay       | 201           |

**Total** 357

| **October** |                        |             |               |
| 07.10.14   | Amazonas               | Maranon     | 114           |
| 08.10.14   | Payorote               | Maranon     | 138           |
| 09.10.14   | Puerto Prado           | Maranon     | 114           |
| 11.10.14   | Hipolito               | Ucayali     | 142           |
| 13.10.14   | Castilla               | Ucayali     | 70            |
| 15.10.14   | Libertad               | Ucayali     | 100           |
| 18.10.14   | Sector 10 Belen        | Itaya       | 136           |
| 19.10.14   | 28 de Julio            | Amazonas    | 104           |
| 22.10.14   | Sector 5 Belen         | Itaya       | 105           |

**Total** 1023

| **2014 Total** |                        |             | 4278          |

Note: these are patient numbers seen in our clinics, and do not include patients seen at our office throughout the year.

Planning a trip to Peru?

If you have space in your luggage, how about filling it up with items to donate to Amazon Promise! Traveler, Jeff Roelke did and we'd like to thank him for his generous and thoughtful donation dropped off at our Iquitos, Peru office earlier this year. We are always in need of reading glasses/sunglasses, saline eye drops, antifungal ointment, vitamins...and several other items. Ask us for the full list.
The Importance of Reaching Out to Others for Amazon Promise

On occasion we have all had conversations with people who are compassionate but aren’t sure how to give. And then there are those that feel that it just doesn’t make a difference in the ‘big picture’. However, if you are reading this newsletter, you are aware of Amazon Promise and know full that we do make a difference.

The work Amazon Promise does is important not solely because we have succeeded with so little. We are not a large organization with big overhead and a budget left over at the end of the year that we race to spend. Rather, this is very much a hands-on group of caring volunteers and donors like YOU who make their own sacrifices in money and time to serve the needs of others. In these tough economic times, your support is all the more critical. On average it costs us less than $15 to treat each patient with full medical and dental care, laboratory exams, counseling, and education. This is admirable under any conditions, but it is especially remarkable when one considers the quality of care we provide and the logistical difficulty and expense inherent in reaching the populations we serve.

You can help by making a tax deductible monetary donation. You can also reach out to others to expand our donor pool. Talk to your friends, your companies, and your places of worship. Although we are not a faith-based organization, we embrace values of serving the poor, the sick, the hungry, the lonely, the elderly, and the hopeless.

You can also help by donating in other ways. You can donate medicine, and you can donate your time. We need help with marketing and communications, public relations, reports, grant writing, fundraising, seeking out appropriate strategic partners, and recruiting volunteers. While we sometimes receive offers to donate equipment, clothing, and other large volume items, we simply don’t have the funds to pay for the shipping costs and customs duties should they apply; these types of material donations must therefore be considered on a case-by-case basis.

Lastly, we constantly need volunteers on our medical expeditions in order to provide the helping hands that serve thousands of poor people each year. Many of you have already volunteered, some of you multiple times. Spread the word. Share the experience. And of course, we welcome you back. You are family.

Patty
The Belen Clinic Gets A New Roof!

Thanks to our Belen Clinic donors, we were able to replace the entire roof this year! Clinic caretaker, Teofilo, leads the construction team.

The Amazon climate takes its toll on just about everything that isn’t wrapped in silica gel, so we’re in constant maintenance mode year round.

Back in business!
Make a Donation
Amazon Promise relies on private support to fund operations, expand services and provide a wide range of care to impoverished communities in Peru.

Monetary Gifts
If you would like to make a tax deductible donation, please mail your check or money order to:

- Amazon Promise
- P.O. Box 1304
- Newburyport, MA, 01950
- USA

Or, if you prefer you may also donate via PayPal from our website. [http://amazonpromise.org/index.php/donate](http://amazonpromise.org/index.php/donate) (please note that PayPal charges a processing fee).

Material Donations
If you would like to make a non-monetary donation, please contact Kristina Server at kristina@amazonpromise.org. Please note that due to our financial constraints, we are unable to accept certain types of donations that require us to pay shipping fees or customs duties.

Other Options
Need a gift? Visit our Zazzle site to purchase AP t-shirts, mugs, bags, etc., where 25 percent of the price goes to helping AP. You may also purchase gifts or make donations to AP through charity networks such as GreaterGood Network, Changing the Present, and Stuff Your Rucksack.

Donating from the UK!
We’re happy to announce that all UK volunteers and general donors can now fundraise to pay for a trip, or make a tax deductible donation to Amazon Promise thru the Charity Giving website!

Volunteer
Join Us on a Medical Expedition
Please check out our website for the new 2015 schedule. We have several different volunteer medical expeditions planned for this coming year. If you have only a week or so available, join us for part of a longer expedition (excluding remote trips). You can also arrange your schedule to focus on our work in the city or jungle clinics. So pack your bags and join the growing team of Amazon Promise volunteers!

Volunteer Your Time
As mentioned, we need people to help with website content, marketing and communications, reports, grants, fundraising, and outreach to potential strategic partners. If you have an interest, expertise, and some time that you’d like to commit, please contact Kristina Server at kristina@amazonpromise.org.
The July 2014 Medical Team! Gracias!

February volunteer, Kyle Natoli

October volunteer, Helen Truong, with Dr. Alama, debriding a wound

Hiking thru the jungle to the village of Jerusalen

Volunteer, Chelsea Spindel providing care in clinic. July 2014

Volunteer, Hannah Beal with a new friend
AMAZON PROMISE DONORS

Amazon Promise extends its gratitude for the continued support from the following individuals and organizations:

**Above and Beyond**

- Academy of Dentistry International
- Stephen Andruszkewicz
- Patrick Apodaca
- Tara Arness Vu, MD
- Paul Baranoski
- Justin Belton
- Thomas Bloch & Jessica Wolfe
- Dorothy and David Bonnett
- Jeanette Brown, M.D.
- Jackie Carroll, NP & Dan Eyink, M.D.
- Centura Health
- Eleanor Chung, MD
- Eva Clark, MD
- Community Health Council
- Celine Cousteau
- Margarite D’Amelio
- Sarah Deem
- Elena Deem, PhD
- Denver School of Nursing
- Gregory Dopulos MD
- Engineers Without Borders (Sonoma County and NY)
- Barbara Erny, MD
- Eddie Etezad
- Belinda Etezad
- Dave & Nancy Evans
- Lawrence Eyink & Susan Schulman
- Fairfield Grace United Methodist Church
- Martha Frahm
- Adam Frange
- Bob Fulton, D.D.S.
- Nina Gervais
- Edward & Marlene Glac
- Paul Glac
- Emily Green / Fidelity Charitable Gift Fund
- Greenlee Family Foundation
- Donald Grossman & Elaine Hirsch
- Richard & Judy Horstman
- Robert Hyzy, MD
- Antonina Karnaugh
- Chris Kellner
- Sarita Kenedy East Foundation
- Terry Webster King and Dick King
- Irina Karnaugh
- Anne Kemp
- The Kerosky Family
- Brenda Lazarus
- Hannah Lee
- Yasmin Lelani
- James Leonard, RN
- Harry and Julie Litman
- Anne MacDougall, NP
- Shari Mackie
- Joe and Beth Mares
- Phil Markowitz
- Mark & Haleigh Maurice
- Blanca Medianero, Esq.
- Dorene McCourt
- Medical Insurance Group Australia (MIGA)
- Adelia Moore
- Network For Good
- Robert S. O’Neil, MD
- Amy Pounds
- Presbytery of Detroit, Inc.
- Caroline & Victor Ramirez
- Cheryle-May Ramirez
- Vida Reklaitis, MD
- Rocky Mountain Adventist Healthcare Foundation
- Richard Rohrer, MD and Jill Stein, MD
- David Russo
- Matthew and Jessie Schenk
- Abigail Scherrer, PA
- Jeffrey Schneider
- Selva En Accion
- Kristina Server
- Shaman’s Market, LLC
- Henry Showell
- Anita Soluna
- J.W. Swanberg
- John Tintinalli
- Judy Tintinalli, MD
- Toilets for People
- University of Michigan Global Reach
Our Valuable Contributors

<table>
<thead>
<tr>
<th>University of the Cumberlands</th>
<th>The Warshaw Family</th>
</tr>
</thead>
<tbody>
<tr>
<td>United Way of New York City</td>
<td>Peter &amp; Margaret Webster</td>
</tr>
<tr>
<td>Vitamin Angels</td>
<td>Terry Webster-King</td>
</tr>
<tr>
<td>Franke Von Engel</td>
<td>Stephen Winter, MD and Eva Chan</td>
</tr>
<tr>
<td>Jamie Warren, MD</td>
<td>Eric Wynn</td>
</tr>
<tr>
<td>Andrew and Brenda Warshaw</td>
<td>Yale PA Program</td>
</tr>
</tbody>
</table>

Hannah Beal
Kari Best
Don Bevington
Shireen Bhujwalla
Judith Boule
Marguerite Brewer
Steven Buchanan
David & Catharine Burke
Joan Burke
Teresa Burke
Jen-yen Chen
Virginia Cirino
Alice Connor Wright
Michael Connor
Sherrie Connor
Emily Connor
David Craft
Kristina Cross
Joe D’Amelio
Laura Dasnoit
Samantha Davis
Siofra Deering
Naomi Easton
Ann Gomes
Alison Gailey
Natalie Geisler
Kristine Gauthier
Margaret Gladski
Greatergood.org
Mark Harvey

Rick Heavern
Richard Henrikson
Erica Herc, MD
Noelia Kvaternik, PA
Kyong Hee Cho
Caitriona Joyce
Just Give
Avromi Kanal
Jason Kass
Paul Kirvan
Steve Klein
Karen & Scott Lewis
Lions Club of New Haven
Robin Lorenz
M.L. Malcolm
Diane Malott
Paula Marcet
Nicholas Maurice
Kelsey O’Dell
Emi Okamoto
Roberto Paliza, MD
PAMS (Peruvian American Medical Society)
Anita Parker
Patrick Parten
Arpan Patel, MD
Nimit Patel
Claudia Peterson
Craig & Michelle Pivo
Carolee Preston
Elizabeth Richart & Betsy French
Karen Rodriguez

Jeff Roelke
Hannah Ross-Suits
Reem Sarkis
David Schrock
Ashley Scott
Khush Shah
Tim Shirley
Heather Shonoski
Joan Singstock
Eleanor Smithwick, Ph.D.
Cecilia Stiles
William & Georgia Suits
Kumar Sukhdeo, Ph. D.
Brian Swendseid
Joseph Teplow
John Thomas
Marie-Lo Tomas
Tongren & Associates
Helen Truong
Linda Tyler
Nishi Valli
Tara Vu, MD
Brian Wakefield
Bonnie Wang
Bill Wells
The Wharton Family
Soliman Yaqub, MD
Ronald Ying
Adrienne Zazzi, MD

These contributions represent gifts and in-kind contributions from Jan. 1, 2014 – Dec. 31, 2014. Please contact Kristina@amazonpromise.org with any corrections to this list.
## 2015 Trip dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Destination</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 15 -</td>
<td>Three Weeks</td>
<td>Two weeks in Villages of the Yarapa, lower Ucayali, and lower Maranon</td>
</tr>
<tr>
<td>March 7</td>
<td>One week in the city of Iquitos. Sponsored in part by The University of</td>
<td>Rivers, one week in the city of Iquitos. Sponsored in part by The University of</td>
</tr>
<tr>
<td></td>
<td>Medical School Global Reach Program, mentored by U of M faculty and</td>
<td>Medical School Global Reach Program, mentored by U of M faculty and</td>
</tr>
<tr>
<td></td>
<td>AP Medical Director, Dr. Robert Hyzy. OPEN to all medical professionals and</td>
<td>AP Medical Director, Dr. Robert Hyzy. OPEN to all medical professionals and</td>
</tr>
<tr>
<td></td>
<td>medical/dental/nursing/physician associate/MPH students – Lodge based</td>
<td>medical/dental/nursing/physician associate/MPH students – Lodge based</td>
</tr>
<tr>
<td>June 6 - 20</td>
<td>Two weeks - REMOTE!</td>
<td>Remote medical team travels to native Achuar, Quechua or Awajun</td>
</tr>
<tr>
<td></td>
<td></td>
<td>communities. Because these areas are in more remote regions of the</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Amazon, teams are limited to 8 volunteers. All volunteers must be in</td>
</tr>
<tr>
<td></td>
<td></td>
<td>good physical condition and have camped in rough terrain. OPEN</td>
</tr>
<tr>
<td>July 25 -</td>
<td>Three Weeks</td>
<td>Two weeks in jungle villages of the Yarapa, lower Ucayali, and lower</td>
</tr>
<tr>
<td>Aug. 15</td>
<td></td>
<td>Maranon Rivers, one week in the city of Iquitos. OPEN</td>
</tr>
<tr>
<td>Oct. 3 - 24</td>
<td>Two or Three Weeks</td>
<td>Two weeks in Villages of the lower Maranon River, one week in the city</td>
</tr>
<tr>
<td></td>
<td></td>
<td>of Iquitos. Some camping should be expected. OPEN TO ALL MEDICAL</td>
</tr>
<tr>
<td></td>
<td></td>
<td>PROFESSIONALS AND MEDICAL/DENTAL/NURSING/PHYSICIAN ASSOCIATE/MPH STUDENTS</td>
</tr>
<tr>
<td></td>
<td></td>
<td>OPEN</td>
</tr>
</tbody>
</table>

Volunteers may participate in one, two or all three weeks of any medical expedition except the June remote trip (two week commitment). Non-medical volunteers are also welcome!

Please browse through our Facebook page for the latest AP happenings!
Amazon Promise: US Board of Directors
Patty Webster, President
Robert Hyzy, MD, Medical Director
Abigail Scherrer, PA, Vice-President
Jacqueline Carroll, NP, Treasurer
Kristina Server, Strategic Development

Amazon Promise: US Team
Elena Deem, PhD, Director Educational Programs
Janet Sargent, Bookkeeper
John Tintinalli, Adviser to the Board
Robert Fulton, DDS, US Director of Oral Health

Amazon Promise: Peruvian Team
Patty Webster, President, Medical Team Leader
Rosa Aranzabal, Admin. Coordinator and Interpreter
Adriana Calizaya Lujan, AP House Supervisor
Jose Luis Valles, Interpreter, Projects Coordinator
Segundo Coloma, Logistics, Registration
Alter Coloma, Logistics, Registration, Motorman
Ricky Coloma, Logistics, Pharmacy
Nancy Bardales, Chef Extraordinaria
Dr. Miguel Pinedo, Staff Physician
Neil Chavez, Dental Director, Peru
Nolberto Tangoa, Chief Lab Technician
Blanca Medianero Burga, Esq. Legal Council – Lima
Paola Chu, Obstetra, Cervical Cancer Prevention

Editor & Layout: Patty Webster / John Tintinalli / Kristina Server

Amazon Promise
PO Box 1304
Newburyport, MA 01950
USA

info@amazonpromise.org
www.amazonpromise.org

Amazon Promise is a U.S. non-profit organization, exempt from federal income tax under section 501(c)(3) of the Internal Revenue Code. Under state law, which will vary from state to state, and federal law, which may change annually, a large portion if not all of your expedition fee is tax deductible in the United States. Likewise, monetary and material donations made in the U.S. are tax deductible.